

# COME CYCLING



CTC Dumfries and Galloway Members Group welcomes everyone to join them for all or part of a ride, or just for lunch in their

## LATE 2009 PROGRAMME

DATE	TIME	START at	DESTINATION	MILES	FOOD	LEADER
July 5 Sunday	09.30	Minnigaff (Leader's home)	Hills and Forests	50	cp	BY
July 19 Sunday	14.00	Dalbeattie	Kirkcudbright	32	cp	PH
Aug 2 Sunday	09.00	Dumfries	Durisdeer via Moffat and Crawford	80	bf	TH
Aug 16 Sunday	10.00	Annan	Over the Border	45	bf/cp	PH
Sep 6 Sunday	14.00	Castle Douglas	Corsock, New Galloway, Laurieston	35	cp	PH
Sep 20 Sunday	10.00	Dumfries	Solway Coast to Powfoot	45	cp	MG
Oct 4 Sunday	09.30	Stranraer	Around the Rhinns	50	cp	DG
Oct 18 Sunday	10.00	Castle Douglas	Kirkcudbright, Borgue, Gatehouse	45	cp	PH
Oct 24 Saturday	10.00	Castle Douglas St Ninian's Church Hall	Choice of two rides, then AGM at 2pm	10 or 20	cp	
Nov 1 Sunday	09.30	Glenluce	Machars	50	cp	DG
Nov 15 Sunday	10.00	Thornhill	Mystery !!	50	cp	DO
Dec 6 Sunday	10.00	Dumfries	New Abbey Tearoom – Rendezvous	30	cp	TH
Dec 20 Sunday	10.00	Dalbeattie	Loop the Loop	50	cp	PH

Starts:- Annan, Somerfield's car park; Castle Douglas, Market Hill car park by TIC; Dalbeattie, Coach Parking on A711; Dumfries, Devorgilla Bridge; Glenluce, old Police Station; Minnigaff, leaders' home, phone for directions; Stranraer, Hanover Street car park; Thornhill, Fusi's café.

Food:- cp = café/pub; bf = bring own food.

Leaders:- BY Bill Yate 01671 403928; DG David Gray 07813 889757; MG Mike Gray 01387 270995; DO Doug Oberheim 01387 710384; PH Phil Howard 01556 610998; TH Tom Hanley 01387 261969;

See also our "Green" program and the Council's Outdoor Events booklet, for short "Discovery" rides.

All mileages approximate. Rides (but not starts) may vary due to, say, weather, route conditions. All riders must have roadworthy bikes and carry SPARE TUBE, FOOD, DRINK, WET WEATHER CLOTHING, and preferably, pump, puncture kit and any tools particular to their bikes.

Under 18's must be accompanied by responsible adults. Individuals are responsible for themselves, (adults for their accompanying children).